

SOUTHERN MAINE
WINTER
GUIDE

MAINE.

VISITMAINE.COM

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Download the guide to your smartphone or mobile device to click through the links.

Use Google Lens to help you explore more about each of the photos.

This guide uses descriptive text on photos and high contrast typography. It is optimized for assistive devices.

Biddeford & Saco

WALKABLE | ARTS HUB | FOOD
LOVER'S PARADISE



Biddeford & Saco



about + getting there

Saco and **Biddeford** border one another along the Saco River in Southern Maine. These two towns are designated **National Main Street communities** and combine the state's labor and cultural history with a vibrant daily hustle and bustle. A shared mill heritage shapes each town's history and landscape - each is home to a mix of old traditions, new artist communities, and a vibrant culinary scene.

In Biddeford, you'll find renovated mills housing local breweries, cafes, and creative spaces, while Saco offers quiet streets, local shops, and easy access to nearby beaches like Ferry Beach State Park. Both are perfect for a weekend winter getaway. Walkable and easy to access, Biddeford and Saco invite you to connect with the best of Maine—whether it's enjoying cozy cafes, exploring scenic trails, or soaking in the peaceful charm of the season.

- The **Amtrak Downeaster** offers rapid service from Boston with stops in Wells and Saco, Maine.
- Drive Times: BOS to Saco + Biddeford ~ 95 miles, 1.5 hours
- Limited local rideshare services are available. Book taxi services with **Biddeford Taxi Services**.
- **Fun Fact:** In 2022, Biddeford was recognized as one of only three **Great American Main Streets** by Main Street America.



Workshops & Studios

Biddeford offers a creative winter escape with its vibrant art workshops in the historic Biddeford Mills. At **Thirdlee & Co. Studios**, you can craft a beautiful felted ornament, perfect for adding a personal touch to your holiday decor. Over at **Mill Pond Studios**, pottery enthusiasts can roll up their sleeves for a hands-on ceramics workshop, shaping unique art pieces on the wheel. Don't miss **Tealight Studios**, where you can capture the spirit of your furry friends on pottery with a custom nautical pet portrait. Whether seasoned artist or a beginner, these workshops offer a cozy, engaging way to spend your winter getaway in Maine.

Download a **map of Biddeford** from the **Heart of Biddeford** and find out more about local art, music, and public events.

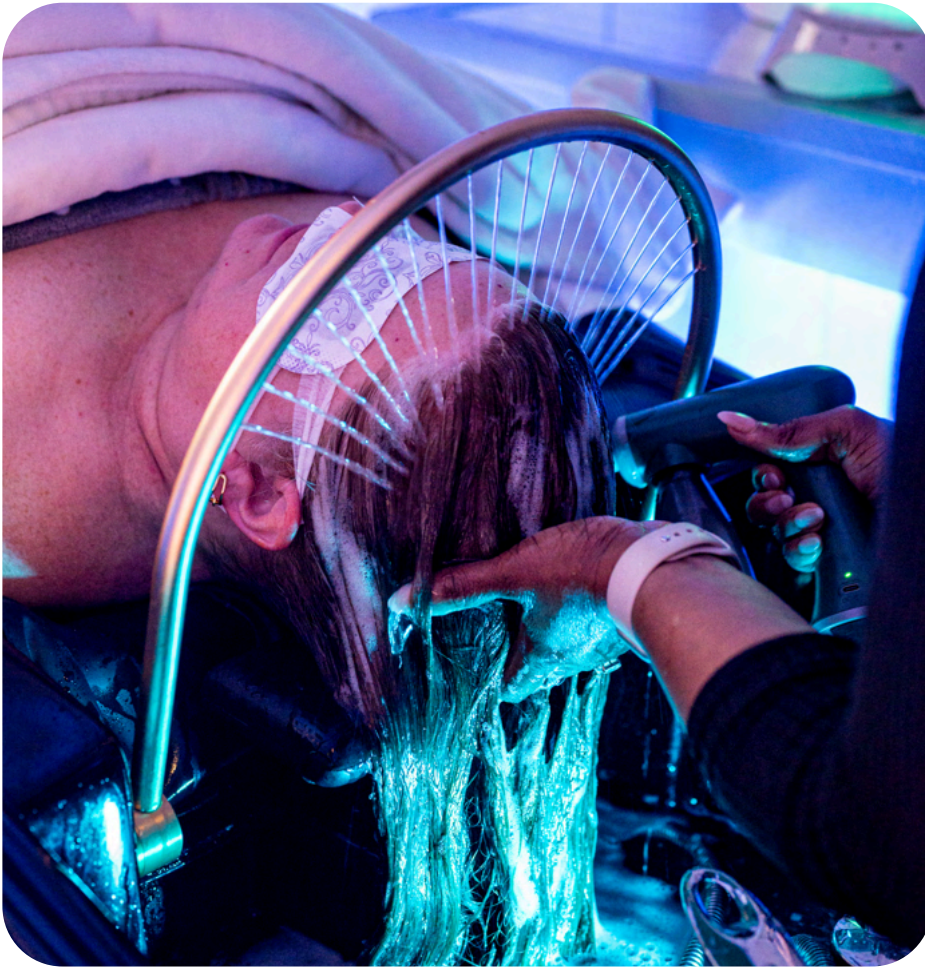


Biddeford & Saco



STOP INTO **EDELWEISS PASTRY** FOR DELECTABLE VIENNOISERIE AND CHOCOLATES. FORTIFY YOURSELF FOR SHOPPING AT **MOSSOKI HOUSE** FOR SUSTAINABLE HOME GOODS, OR AT **TREEHOUSE TOYS** FOR UNIQUE PUZZLES, BOOKS, AND STUFFED ANIMALS.

Biddeford & Saco



JAPANESE HEAD SPA
MANIS + PEDIS
SCALP TREATMENTS
COLD PLUNGE
NORDIC SAUNA
YOGA + MEDITATION

**VIEW THE WINTER
CHECKLIST FOR ALL
THE LOCAL
RECOMMENDATIONS**

renewal

Indulge in rejuvenating treatments that nourish body and mind for a relaxing winter escape in Biddeford.

Rhona Beauty offers a unique Japanese Head Spa treatment, combining soothing scalp massages with deep relaxation to leave you feeling refreshed. Treat your hands and nails to a luxurious experience at **Panda Jade Nails**, where their expertise in art and sculptural designs will transform your nails into intricate works of art.

Book a session at **Recycle Maine** for a beach sauna and cold plunge for something invigorating. This energizing way to revitalize your body while taking in the crisp Maine air is perfect for unwinding during your getaway.

Need a yoga or meditation session? Walk to **Samudra Studio** for drop-in session. **The Spa at Saco Mills** offers luxury massages and facials.



Embracing Nature



FOREST BATHING

Experience the healing power of nature with **Connected to Wilderness Forest Therapy Walks** in Maine's serene winter woods. Guided by certified forest therapy practitioners, these immersive walks help reduce stress, boost creativity, and foster mindfulness. Embrace the tranquility of snow-dusted trees, breathe deeply, and reconnect with the natural world.

BEACH WALKS

Stroll the peaceful shores of **Ferry Beach** in Saco or hike the scenic **Timber Point Trail** within the **Rachel Carson National Wildlife Refuge** in Biddeford. Both winter trails offer stunning coastal views, with quiet beaches and snow-dusted landscapes. These serene walks provide the perfect opportunity to connect with nature and enjoy Maine's tranquil winter beauty.



stay

The **Lincoln Hotel** in Biddeford offers a chic and comfortable retreat in the heart of the city's vibrant downtown. With its blend of modern elegance and historic charm, the hotel's rooms feature sophisticated décor, plush bedding, and thoughtful amenities like high-speed Wi-Fi and curated local artwork. Guests can enjoy seamless access to **Batson River Brewing and Distilling**, located right on-site, where locally inspired dishes, craft beers, and artisanal spirits are served in a stylish, relaxed atmosphere.

Whether you're savoring a delicious meal or unwinding with a drink, the brewery and distillery enhance your stay with their inviting vibe. Take the train, or enjoy complimentary parking and a 24-hour front desk.

The **Lincoln Hotel** provides convenience and comfort, just steps from Biddeford's unique shops, galleries, and attractions. It's the perfect place to experience the charm of Biddeford, combining luxury, style, and easy access to everything this dynamic town has to offer.





Saco and Biddeford are home to some of Maine’s best-kept culinary secrets.

Head to James Beard nominated **Fish & Whistle** for some of the freshest fish and chips. Make sure to try the crispy squidwich on a milk bun and the house-made sea salt vanilla soft serve.

Walk along Main Street in Biddeford to try **BiddoBanh**, **Elements**, **Reilly’s Bakery**, **Sweetcream Dairy**, and **Peng’s Pizza**. Head to **Nibblesford** for Maine-made cheeses. Don’t forget to eat at **Palace Diner** for sublime buttermilk pancakes or Maine’s best tuna melt.

Saco is home to **Fika**, **Sweets & Co** and **Fernleaf Bakery** for divine sweet treats. Try **Swell** for a nitro cold brew. **Quiero Café** and **Pacifico** delight with South American dishes.

Biddeford & Saco

brunch

Finestkind in Saco



finestkind

A “Must Stop” in Saco, Maine

What happens when you bring expert-level cooking skills and years of hospitality experience to a breakfast and lunch spot in the heart of Saco?

You get **Finestkind** – a restaurant that has quickly won over the hearts (and stomachs) of locals in Southern Maine.

Finestkind is the brainchild of Victoria and Tom Barthelmes, a husband-and-wife team with a shared passion for food.

The duo met at the Culinary Institute of America, where they both honed their culinary, beverage, and hospitality skills. Victoria worked at Lincoln Ristorante and produced pastry for the Metropolitan Opera.





Tom worked at the renowned Per Se under the guidance of Chef Thomas Keller.

After moving to Maine, Victoria and Tom honed their skills at Portland's acclaimed restaurants, Tipó and Central Provisions. This experience, combined with their natural talent, expert skill, and dedication, has resulted in an exceptional culinary experience.

The 26-seat counter-service restaurant offers a warm and inviting atmosphere, perfect for enjoying a leisurely breakfast, brunch, or lunch.

The menu is diverse and offers options for every palate and features from-scratch dishes and treats. They butcher their own hogs, ensuring every bite of bacon, ham, and sausage is imbued with flavor.

You can savor the tender ham alongside a perfectly golden brown butter waffle drizzled with rich Maine maple syrup.



If you prefer, you can start your day with a breakfast burrito, or a hearty plate of eggs, biscuits, and savory sausage.

Victoria's pastry skills are exceptional. The Tiny Debra's - two soft oatmeal cookies filled with a delicate buttercream and studded with dried fruit, are a must-try. These nostalgic treats are the perfect sweet ending to any meal.

You can also try the house brioche donuts. Get the classic jam-filled variety or the decadent chocolate ganache glazed with coffee custard filling. For a truly special treat, indulge in Victoria's exquisite quince tarts. The elegantly fanned poached quince sits atop a brown sugar crumble. It is as visually stunning as it is delicious.

Pro Move: For brunch, split the farro salad with sweet potato puree, roasted root vegetables, and goat cheese, alongside an F.K.F.C. – a sweet and spicy fried chicken biscuit with house pickles and cured yolk mayo. It is a flavor sensation.

BAKED GOODS AT FINESTKIND IN SACO



Drinks + Dinner

Alluring Inviting Rich + Flavorful

Nestled on the Saco River in Biddeford, Maine, **Magnus on Water** is a must-visit restaurant and cocktail bar where Chef Rafael Zimmerman, or "Chef Rafi," masterfully blends the flavors of his Peruvian heritage with the bounty of the Maine coast. The menu showcases globally inspired dishes, from zesty ceviches and comforting aji de gallina to innovative small plates, all crafted with the freshest seasonal ingredients.

Magnus on Water is renowned for its award-winning cocktail program, helmed by owner Brian "Cat" Catapang.

MAGNUS ON WATER IN BIDDEFORD, MAINE

magnusonwater.com



The talented team creates visually stunning and incredibly delicious drinks using locally sourced spirits and fresh juices.

The intimate space, with its warm lighting, exposed brick, and jazz-era ambiance, provides a sophisticated and approachable setting for a memorable dining experience.

Don't miss the "Couch Surfer," a playful blend of Blanco tequila, mezcal, citrus, and a unique pineapple seafoam. For a classic with a twist, try the "Old Money," Magnus' signature Old Fashioned, featuring a house whiskey blend, Time & Tide green coffee beans, marzipan, and a touch of salted vanilla.

Pro-Move: Hit up Magnus on Sunday evenings for Fried Chicken Night. Chef Rafi heats up ultra-crispy fried chicken with this select blend of spices and a touch of sweetness. Order the **ceviche** or the **toro tiradito** any time they are on the menu.

Chef Rafi's inventive use of ingredients and flavors - from a mix of leche de tigre, puffed corn, and chile make these classic raw dishes sing. Make sure to save room for sides like the papa huancaína—blisteringly crisp potatoes with an aji amarillo sauce, or the scrumptious rice pudding for dessert.



Magnus on Water cocktail bar has been recognized by [The Pinnacle Guide](#) as one of the 37 finest bars globally, and one of only 10 in the United States.



The Couch Surfer

In a mixer pour:

- 1 oz. Camarena Silver Tequila
- 1 oz. Banhez Mezcal
- 1/4 oz. Pierre Ferrand Dry Curaçao
- 1/2 oz. Fresh Lime Juice
- 1/4 oz. Fresh Lemon Juice
- 1/4 oz. Simple Syrup

Add ice + shake vigorously. Strain into lowball glass. Top with sea foam.

SEA FOAM: Pour 500 ml fresh pineapple juice, 100 ml egg white, 2 oz. Ancho Reyes Verde Chile Poblano Liqueur, 1 teaspoon Maldon sea salt, and 1/2 teaspoon citric acid and pour into an iSi whipper and charge with two NO2 cartridges. Shake vigorously in between charges and dispense over the cocktail.

*"This one is always and forever on the menu."
~ Cherie Kahrman, General Manager*

Shop Locally

Small businesses and Maine-Makers are the beating heart and soul of Saco and Biddeford. Stroll along the streets of each town, where you will find boutiques filled with vintage goods, clothing, hand-crafted pottery, home decor, and art.

The Biddeford Renaissance, also known as the “Biddessance,” is well underway. Newly renovated shops sit side-by-side with historic mills filled with studios and workshops. Saco’s charming downtown is home to **Whimsical ME**, where you can pick up a Sea Bag, glazed stoneware, and graphic art prints.

Shop vintage and thrifted goods at **Nabos** and the **Biddeford Vintage Market**. At **Trillium**, pick up unique Maine finds like custom candles, jewelry, and fine art made from sea glass and driftwood.

Wooven is home to hand-woven textiles fashioned into linens, bags, and home decor. **Moon Lady Plants** appeals to your resident Green Thumb. Book a private plant shopping experience or a plant consultation.



Check out
Main Street Main
for extensive business listings
and shop ideas in **Saco** and **Biddeford**.





Celebrate the season



Winterfest in Biddeford begins in February with Art Shows, dance performances by **Subcircle**, a maker's market, walking tours, and family-friendly activities. Pond skate outdoors at the **West Brook Rink**. The oversized pond has plenty of room for freestyle and pick-up hockey games.

Stop in at **Time & Tide Coffee** for a much-beloved Pistachio Latte. Owner Jon Phillips researched pistachio coffee drinks while on a trip to the Middle East. The drink is the most popular item on the menu - so much so that the team dedicates a full week in February to celebrating its flavors with specials, pastries, and pistachio goodies. **Follow Time & Tide on Social for details**



Daytrip suggestions from a local



SHARE YOUR IDEAS
WITH #VISITMAINE
#MAINETHING

DAY ONE

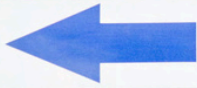
- Morning: Japanese Head Spa Treatment at Rhona Beauty
- Brunch at Finestkind
- Afternoon: Walk at Ferry Beach State Park
- Evening: Drinks at Apéro
- Dinner at Batson River

DAY TWO

- Morning: Nordic Cold Plunge with Recycle Maine
- Breakfast at Palace Diner
- Afternoon: Workshop at Thirdlee & Co.
- Evening: Cocktails & Dinner at Magnus on Water

CITY THEATER

Salle de l'Opéra



**HANDICAP ACCESS
AND PARKING**

**CITY HALL LOT
TURN RIGHT AT ADAMS ST.**

OPERA HOUSE



WINTER ADVENTURE

checklist

- Linger over brunch at **Finestkind in Saco**. Order the Brown Butter Waffle and a side of house cured ham. Take home a box of Little Debra's and Brioche Donuts.
- Book a Japanese Head Spa Treatment at **Rhona Beauty** on Main Street. Owner Rhona Deah is an expert stylist and creates a 2-hour relaxing and rejuvenating ritual.
- Grab a custom nail treatment at **Panda Jade Nails**, specializing in manis, pedis, and sculptural nail art.
- Sip a Pistachio Latte at **Time & Tide Coffee**.
- Take a Needle Felting workshop with **Thirdlee & Co.** in the historic Biddeford Mills.
- Tour the Historic **Biddeford Mills Museum** with a former mill worker. Wander through the structures and even underground and learn about the region's fascinating past.
- Queue up early in Saco to grab a Cardamom Bun and Oat Milk Latte at **Fika**.
- Sign up for a beginner-friendly weekend "Spin Session" at **Mill Pond Ceramics** to try your hand at wheel thrown pottery.
- Head to the James Beard nominated **Fish & Whistle** for a shatteringly good plate of fried fish + crispy fries, a squidwich on a milk bun, and a housemade vanilla sea salt soft serve.
- Grab your ice skates and head to **West Brook Outdoor Skating Rink** (free) or the **Biddeford Ice Arena** (ticketed) for public skating events.
- Shop along Main Street for gifts, vintage goods, and unique-to-the-region goods. Try **Biddeford Vintage Market** for signature finds.
- Take an easy Winter Walk on **Ferry Beach in Saco**.
- Stay at the **Lincoln Hotel** and grab a craft cocktail at **Batson River**.
- Do the **Downtown Cookie Walk** in Saco on Valentine's Day Weekend

WINTER ADVENTURE

checklist

- Join the family-friendly **Biddeford Winterfest** 2/7-2/9. Sledding, Ice Skating, Crafts, & Comedy.
- Book a Thai Cooking Class with **Sweets & Co in Saco**.
- Head down the road to Dayton for **Maine Maple Weekend** on 3/22-3/23. Visit **Harris Farm** for sleigh rides, cross country skiing, maple tasting, and the classic pancake breakfast.
- Grab a beer at **Banded Brewing** and try your hand at trivia, a lego brick competition, or a paint-and-sip night.
- Head over to **Sacred & Profane** for their tank beer pours. Grab a housemade kolache pastry (sweet or savory) and the craveable schnitzel.
- Craving a cold treat in the middle of winter? **Sweet Cream Dairy** churns its own ice cream from locally sourced milk. Grab a scoop of the Brown Butter Crunch or the Vegan Dark Chocolate. If the Mango or Peach Lassi Ice Creams are available, they are supreme.
- Grab a drink at **Apéro** - Biddeford's new cocktail and charcuterie bar. This is the perfect place to have a tippie before your dinner reservation.
- Meet Jeanne Christie of **Connect to Wilderness** for a **Forest Therapy Guided Walk**. These specially curated walks bring you back to nature and allow you a chance to relax and be mindful in the gorgeous Maine outdoors. Adaptive and custom walks available.
- Take home a box of fine Viennoiserie from **Edelweiss Pastry**. The expertly crafted laminated pastries and hand made chocolates make a perfect snack for the trip home.

Find out more at the **Biddeford + Saco Chamber**. Share your suggestions on the best of Saco and Biddeford with **Visit Maine** on social media.

Kennebunk & Kennebunkport

HISTORIC | WORKING WATERFRONT | SANDY BEACHES | FINE DINING | PAINT THE TOWN RED



Kennebunk & Kennebunkport



about + getting there

Kennebunk and Kennebunkport, located along Maine's southern coast, are quintessential New England towns that blend coastal beauty with small-town charm. Known for their historic homes and picturesque working waterfronts and sandy beaches, these neighboring communities offer a relaxed atmosphere year-round.

In Kennebunkport, the working harbor and Dock Square feature local boutiques, galleries, and inviting eateries, while Kennebunk's tree-lined streets and quiet charm provide a peaceful complement. Perfect for a weekend winter getaway, the area offers fine dining, public ice skating, cocktail classes, wine tastings, and shopping. You can also snowshoe across saltwater farms or explore snow-dusted beaches, immersing yourself in the timeless appeal of these coastal villages.

- The **Amtrak Downeaster** offers rapid service from Boston with stops in Wells and Saco, Maine.
- **Drive Times: Boston to The Kennebunks ~ 85 miles, approximately 1.5 hours**
- Limited local rideshare services are available. Book taxi services with **Ride Maine**.

Kennebunk & Kennebunkport



Galleries & Workshops

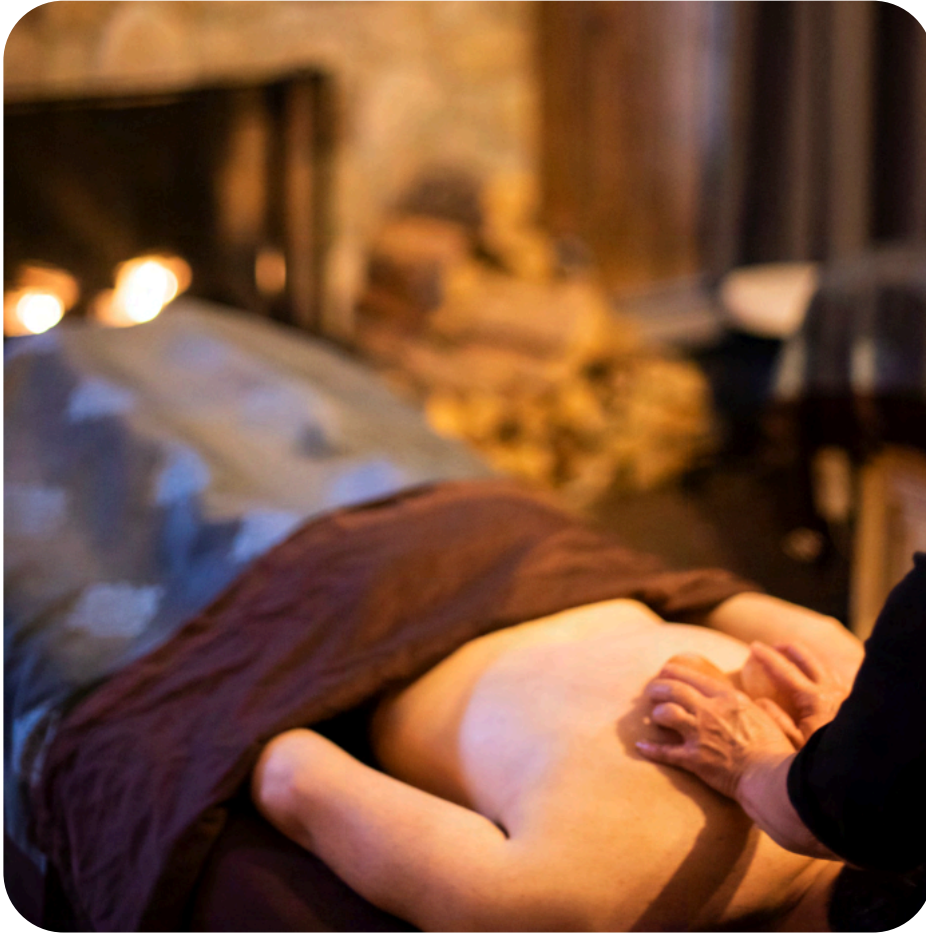
At **The Elective**, learn to make from-scratch dishes like Dim Sum, Craft Cocktails, Gnocchi, or Tapas. **Maine Art Hill** showcases the fine art of renowned regional artists.

The **Brick Store Museum** houses collections that showcase the region's maritime and cultural history, alongside modern work from artists with a new lens of life in Maine. Check the **calendar of events** for craft classes including Hand-bound books, wreath making, and embroidering a lobster.

Carve your own whale or make your own charcuterie board at **Mainely Makers**. Take a 1-day pottery workshop at **The Cellar Co.** or **The Creative Soul**.



Kennebunk & Kennebunkport



COUPLES MASSAGE
DEEP TISSUE
FACIALS
INFRARED SAUNA
MEDICAL SPA
PILATES
YOGA

renewal

The Kennebunks are home to a multitude of wellness centers for both daily exercise and renewing body treatments. **The Spa at River's Edge** offers traditional massages and facials, and an infrared sauna, along with medical spa treatments.

The Fifth Om is a holistic wellness center offering Reiki, reflexology, laser and IPL treatments, foot soaks, and photo facials. Drop in to the **Daily Sweat** for a **Yoga or Barre** class. Schedule a visitor's session at the **Pilates Studio Kennebunk**.

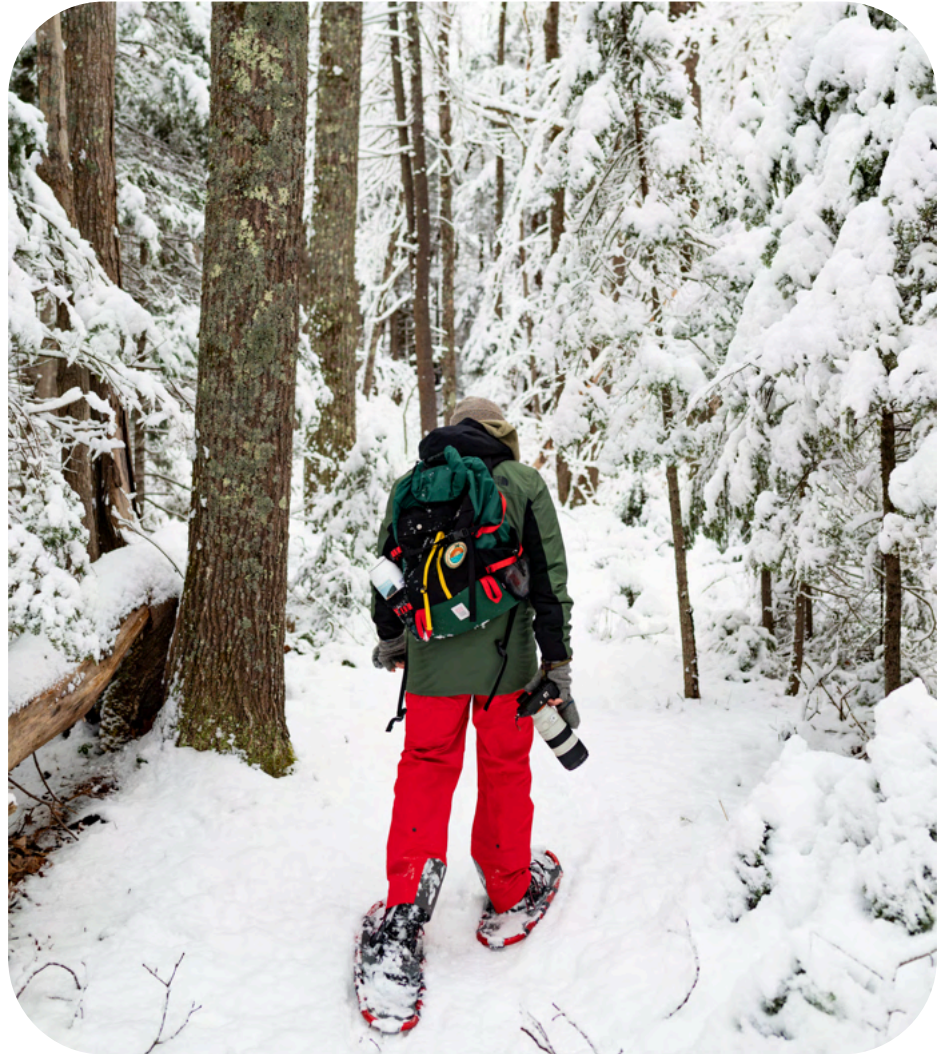
Way to Be Wellness offers Yoga for all levels and retreats. Private sessions at your rental, local beach, or walking trail are available. Enjoy the Pop-Up of the Tree Spa at the **Cape Arundel Inn** for a fireside massage.



Kennebunk & Kennebunkport



ARE YOU A HORSEBACK RIDER? YOU CAN BRING YOUR OWN HORSE TO RIDE ON SELECT BEACHES IN WELLS AND KENNEBUNKPORT IN THE WINTER SEASON.



ICE SKATING

The Waterhouse Center in Kennebunk is an expertly maintained rink, free and open to the public. Make sure to bring your skates!

SNOWSHOEING + HIKING

Head to the **Wells Reserve and Laudholm Trust** to walk or snowshoe the miles of trails at this salt water farm. Make your way to the beautiful Laudholm Beach for spectacular views of the Atlantic. The **Rachel Carson National Wildlife Refuge** is the perfect mile-long loop for views of the salt marsh

Walk the **Bridle Path** for marsh views along the Kennebunk River. Head to **local beaches** for a daily walk with your furry friends, including **Gooch's & Goose Rocks**. Make sure to follow local leash laws.

Kennebunk & Kennebunkport



stay

Kennebunkport offers a range of exceptional lodging experiences, from historic inns to modern waterfront hotels. Winter is the perfect time for special pricing and packages.

The White Barn Inn, a landmark in itself, provides a luxurious escape, combining elegant accommodations with its renowned restaurant. Housed in a beautifully restored barn, the restaurant showcases refined New England cuisine, focusing on local ingredients.

Consider **The Captains Collection** and stay in one of Kennebunkport's famous Sea Captain's Mansions. Properties like the James Fairfield House, a Federal-style gem, offer charming rooms and gourmet breakfasts. The grand Nathaniel Lord Mansion boasts luxurious suites and manicured grounds.

The Kennebunkport Resort Collection offers a full range of style options. Experience classic luxury at the Cape Arundel Inn & Resort or stay in the heart of Dock Square at the Kennebunkport Inn or The Grand Hotel. The Boathouse Waterfront Hotel and the Yachtsman Hotel & Marina are ideal for a modern waterfront setting. Guests can enjoy diverse dining experiences and participate in cocktail classes, cooking demonstrations, and wine tastings.

Shop Locally

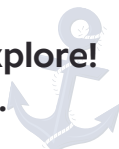
Dock Square in Kennebunkport is a charming area known for its unique shops, boutiques, and galleries. Visitors can explore **Abacus**, a gallery featuring a diverse collection of art, jewelry, home décor, and **Daytrip Society**, which offers travel-inspired goods, gifts, and accessories. **Minka** specializes in handcrafted, sustainable items, while **Compliments Gallery** showcases American-made crafts, including jewelry, pottery, and glassware. For fashion enthusiasts, **Dock Square Clothiers** combines classic and contemporary styles.

Shoot The Moon is an eclectic gallery featuring tick-tock cat clocks and inspired art pieces. **Beach Grass** is a beloved boutique offering coastal-inspired gifts and décor. Food lovers can visit **Maine-ly Drizzle**, a specialty shop focusing on olive oils and balsamic vinegars. Pick up a treat for your furry friend at **Scalawags Pet Boutique**.

Over the bridge in Kennebunk, **Kennebunk Outfitters** caters to outdoor enthusiasts with apparel and gear from environmentally responsible brands. For plastic-free goods, shop eco-friendly products at **Tip Toe Eco Marketplace**. **Kennebunk Toy Co.** is a locally owned store offering a wide variety of high-quality toys, puzzles, and games for children of all ages.



There are many more shops to explore!
Get a [Go Kennebunks](#) Guidebook.



Kennebunk & Kennebunkport



Celebrate the season

Fall head over heels for Kennebunkport and Kennebunk during February's "Paint the Town Red" celebration [#lovekpt](#)

As February arrives, Kennebunkport glows with twinkling lights and festive storefronts for its "Paint the Town Red" celebration. This month-long event transforms the Kennebunks into a romantic retreat. Savor "red plate" specials at local restaurants, discover unique finds during "red tag" sales, and unwind with "stay and play" packages at cozy inns and luxurious resorts. Fireside lounges, oceanfront views, and indulgent dining make it the perfect winter escape.

Beyond the enchanting atmosphere, hands-on experiences bring the season to life. Join a cooking class, sip bold reds at a wine tasting, or take a peaceful stroll along the quiet shoreline. Whether you're planning a romantic getaway or simply embracing the magic of winter, Kennebunkport in February offers the perfect setting to slow down, reconnect, and celebrate love.

View the [full schedule](#) and stay-and-play packages. ❤️

Kennebunk & Kennebunkport



Bev's Café for breakfast is the spot to grab a biscuit sandwich or granola bowl. 50 Local is a staple with the freshest dishes featuring products from Maine farmers. Grab a coffee and a freshly baked fougasse at Boulangerie.

The Boathouse is the perfect stop for drinks and a casual New England dinner with a view. Rosella features the region's best sustainable sushi, exquisitely prepared.

Mornings in Paris is the place to get a pastry and divine cup of coffee. H.B. Provisions is the place for grab-and-go snacks, sandwiches, and local gossip.

The newly renovated Allison's is a local staple for lobster rolls and chowder. Head to Earth at Hidden Pond for a luxury dinner in a hygge setting.

**Kennebunk &
Kennebunkport**



earth at hidden pond

**Kennebunk &
Kennebunkport**

dine

LITTLE BARN + THE WHITE BARN INN



The White Barn Inn Restaurant in Kennebunk offers an exquisite fine dining experience in a beautifully restored barn. Impeccable service, an elegant ambiance, and a stunning 8-course tasting menu create an unforgettable evening. Each dish is artfully prepared and balanced, showcasing seasonal ingredients with innovative flair.

A food lover's tip on the Tasting Menu: Try Chef Dumont's foie gras black pepper macaron with quince. It is a taste sensation.

For a more relaxed experience, Little Barn is a rustic-chic setting with a menu of elevated New England classics, emphasizing fresh, locally sourced flavors.

General Manager Heinrich von Puschendorf states: "It is a wonderful new time for the White Barn. We are excited to welcome **everyone** to taste our menus and enjoy this setting."



White Barn Inn

An exquisite + unforgettable experience

Executive Chef Mary Dumont is a culinary force, renowned for her innovative dishes and commitment to fresh, local ingredients. With a background that includes appearances on "The Today Show" and "Iron Chef America," Dumont has helmed acclaimed kitchens such as Harvest in Cambridge and The Dunaway Restaurant, where she earned a "Best New Chef" nod from Food & Wine magazine.

Now, she brings her expertise to the iconic White Barn Inn in Kennebunk, Maine, continuing to elevate the dining experience with her exceptional culinary vision.



**Kennebunk &
Kennebunkport**

The Macallan Tasting Experience

Experience a unique whisky journey with The Macallan. Guests meet at the White Barn Inn Bar for an immersive, educational cocktail class or mixology experience centered around Macallan's finest whiskies. The bar team creates sumptuous and nuanced cocktails that showcase The Macallan's whiskies' complex and celebrated flavors. Opt for the tasting, and select a glass of The Macallan 12 Year Sherry Cask, The Macallan Night Earth, or the Macallan Reflexion, to name a few.

Founded in 1824 by Alexander Reid, The Macallan is a globally recognized name in single malt Scotch whisky. Renowned for its exceptional quality and distinctive character.

whiskey tasting

EXCEPTIONAL FLAVORS | DISTINCTIVE HISTORY



**Kennebunkport and
Kennebunk are a perfect hub
for travelers who want
activity, connection to nature,
and cultural vibrancy.**

FIND OUT MORE

Learn about local
businesses at
[Go Kennebunks](#)



Kennebunk & Kennebunkport



Daytrip suggestions from a local



SHARE YOUR IDEAS
WITH #VISITMAINE
#MAINETHING

DAY ONE

- Morning: Bev's Café for Coffee + Biscuits
- Ice Skate at the Waterhouse Center
- Lunch: Allison's
- Afternoon: Walk along Gooch's Beach + Shopping in Kennebunkport
- Dinner: The Little Barn

DAY TWO

- Morning: Breakfast at hotel
- Wreath Workshop at the Brickstore Museum
- Lunch: The Boathouse
- Afternoon: Nap
- Dinner: 50 Local
- After Dinner: Wine Tasting at the Wine House

Kennebunk & Kennebunkport

winter woods



WINTER ADVENTURE

checklist

- Rent snowshoes at **Gorham Bike and Ski** and walk the trails at the **Wells Reserve & Laudholm Trust** - a unique saltwater farm and conservation area.
- Grab a drink at **The Bitter End**. This is a favorite local haunt with a great menu with classic cocktails and local beer.
- If you stay at the **White Barn Inn**, you can book a host of winter classes including maple sugaring, a curated Antiquing + Vintage Finds crawl, or modern farmsteading and wreath making. Sign up for a **The Macallan** tasting or cocktail class and learn about the richness and depth of their line of single malt whiskies.
- Craft your own custom charcuterie board in an evening at **Mainely Makers** in West Kennebunk. Make a custom keepsake from locally sourced tiger maple. Beginner and seasoned woodworkers welcome.
- Skate for free at the Waterhouse Center in Downtown Kennebunk. Bring your own skates or rent them from **Gorham Bike and Ski**.
- Go for an Après Skate at the **Wine House on Main**. Drop in for a single tasting, or book a wine experience like a Blind or Vertical Tasting.
- Paint the Town Red all February in Kennebunk and Kennebunkport. Kick off the month at the **FROSTED: A Freezing Good Time!** dance party; Make a chunky knit blanket at the Grand Hotel at their **Snuggle Up Event**; Enjoy a **Farthest Star Sake Tasting at Rosella**; Book a **Local Mushroom Tasting Dinner** at **Ocean**; Slip into the **Boathouse** for Wicked Oyster Wednesdays or All Day Happy Hours on Sundays.
- For the full schedule of events at the **Kennebunkport Resort Collection, view here**.

- Take your four-legged friend for a wintry walk on the Beaches in Kennebunk. Make sure to note the **Tidal Charts** and **local ordinances**.
- Up for a quick 1-mile walking loop around a scenic saltmarsh? Take a walk on the easy trail path at the **Rachel Carson National Wildlife Refuge**.
- Shop in **Kennebunkport and Lower Village Kennebunk**. Many Boutiques are open on the weekends that feature unique finds and Maine makers. Try **Minka** for custom, handcrafted goods, **Americana Workshop** for vintage finds, **Daytrip Society** for unique gifts for the whole family.
- Stop by **Mornings in Paris Café** for a creme brulée cappuccino or cup of house roasted coffee.
- Walk the **Bridle Path** through the salt marshes along the Kennebunk River. This easy, 5.6 mile out-and-back trail is perfect on a clear day. Park at The Sea Road School.
- Take a cooking class at **The Elective** in Kennebunk. Try your hand at making Dim Sum, Tiki Cocktails, or a full Brunch with mimosa class. Pick up provisions for dinner at their grab-and-go counter.

Find out more at the **Kennebunk-Kennebunkport-Arundel** Chamber of Commerce.

Share you suggestions on the best of Saco and Biddeford with **Visit Maine** on social media.

York & Kittery

GATEWAY TO MAINE | RICH HISTORY
MAINE MAKERS | INNOVATIVE CUISINE
HARMONY WITH NATURE





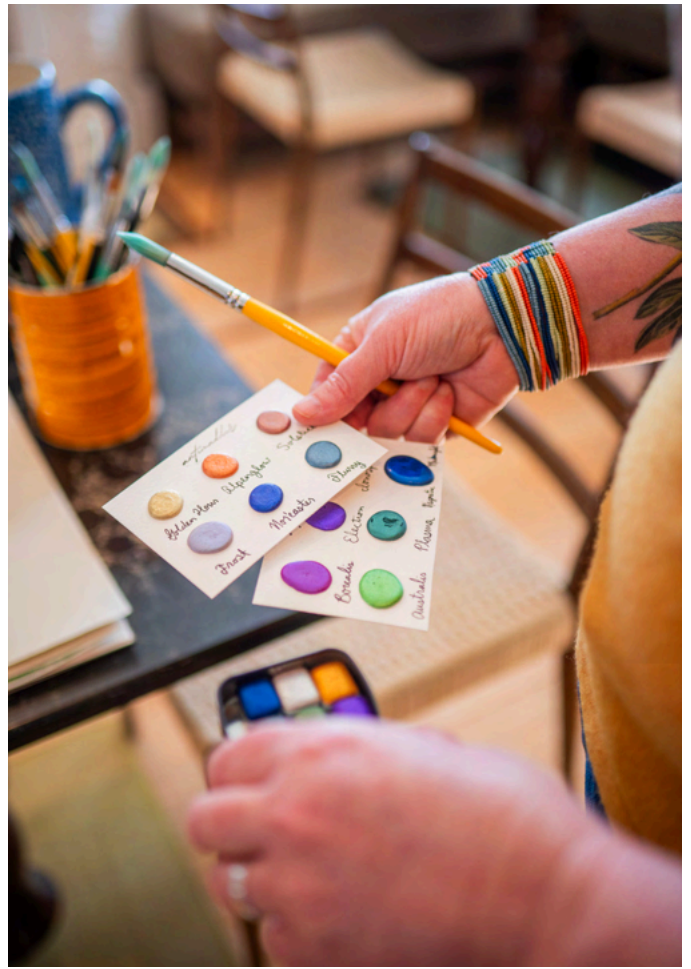
about + getting there

York and Kittery lie at the southern gateway to Maine. They offer a perfect introduction to the state's natural beauty, history, and vibrant local culture. With its iconic Nubble Lighthouse and picturesque beaches, York is ideal for quiet walks and stunning ocean views - even in winter. Kittery, Maine's oldest town, is known for its thriving culinary scene, eclectic shops, and historic landmarks. A weekend winter getaway can include fine dining, exploring the famous Kittery Outlets, bourbon tastings, or hiking along scenic trails. You can also enjoy skiing at an old-time one-lift ski hill, visit a local brewery or distillery, slurp flavorful noodles, indulge in a famous local cruller, or savor fresh seafood. Take a surfboard-building workshop or craft a Maine sea salt blend for something unique.

Whether browsing art galleries or simply soaking in the crisp, coastal air, York and Kittery invite you to experience the Best of Maine.

- The **Amtrak Downeaster** offers rapid service from Boston with stops in Dover, New Hampshire, Wells and Saco, Maine.
- **Drive Times: Boston to York + Kittery ~ 59 miles, approximately 1 hour**
- Limited local rideshare services are available. Book taxi services with **Annie's Taxi** in Kittery or **Ocean Taxi** around Southern Maine.

York & Kittery

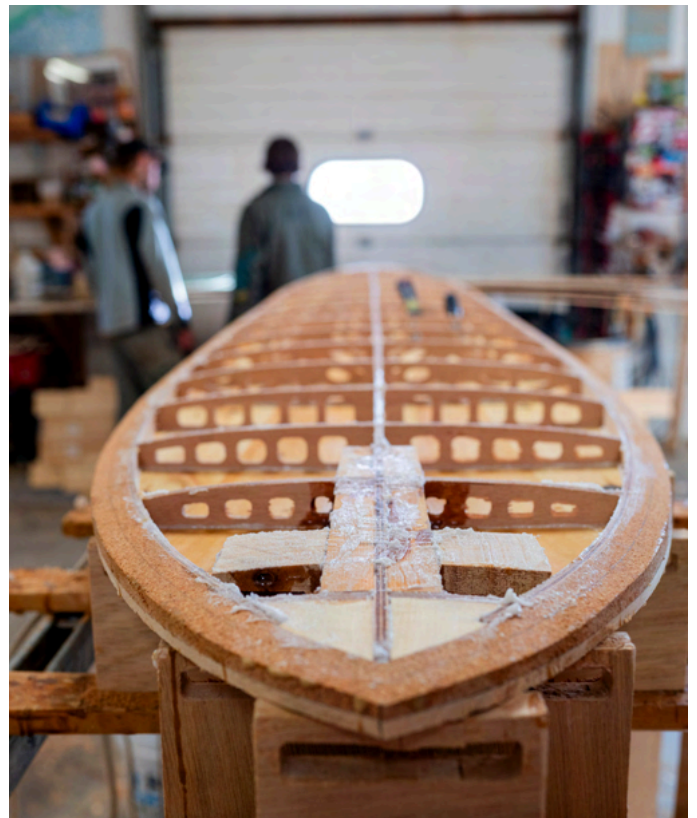


Galleries, Workshops, & Studios

Enhance your vacation by learning a new skill or exploring a creative passion through a fun workshop or class.

Grain Surfboards offers 3 & 5-day workshops to help you craft a sustainable wooden surfboard. **Foxglove Farmhouse + Slack Tide Sea Salt** invite you to the Salt Sheds to craft a custom salt blend.

The Museums at Old York offer watercolor and paper flower-making classes, along with talks + lectures for the resident history buff. **Sanctuary Arts** offers immersive painting and drawing classes with Maine Masters. **Chase's Garage** is a beachfront studio offering printmaking and pottery classes.





Grain Surfboards in York has a singular mission:
"To design and build surfboards that have more impact on your
surfing and less impact on the environment." Take a group class or
book a private workshop at grainsurfboards.com

York & Kittery



NORDIC SPA
COLD PLUNGE
SPA + BATHS
SAUNA
MASSAGE

renewal

Winter is the perfect time to try one of the region's Nordic Spas, Baths, and Massage treatments. Standalone locations and in-hotel options offer opportunities for both guests and the public to reap the benefits of this ages-old winter ritual.

Book a full Nordic session complete with a sauna and cold plunge at **Bonfire Events** in York. This sweet farm spot offers outdoor bonfires to warm you up in between your hot and cold dip sessions.

Everyone can enjoy York's **Viewpoint Hotel Spa** and take advantage of the Sauna & Baths when they book a treatment. Get a signature Deep Ocean Tissue massage and relax afterwards with a plunge in the hot tub.



York & Kittery

coastline





WILDLIFE

York + Kittery offer a host of trails, conservation trusts, and public lands that offer up beautiful winter landscapes, perfect for adventuring. Hike **Mount Agamenticus** and take in sweeping views of the seacoast. Known locally as Mount “A”, this easy hike is perfect for a morning or afternoon trek. At the base of the mountain is the **Center for Wildlife**. Check out the schedule for seasonal programming like Winter Walks, Forest Bathing, and the Fairy Forest Candlelight Strolls.

BEACH WALKS

Long Sands & Short Sands Beaches in York have perfect stretches of packed sand for a daily constitutional or watch the local surf clubs brave the frosty waves. Take a donation-based eco-tours or class at **Surf Point**. Learn about local wildlife and hike close to the rocky shoreline.

York & Kittery (and down the road in Ogunquit)

stay

From charming B&Bs to waterfront resorts, Kittery, York (and neighboring Ogunquit) offer a variety of accommodations for a memorable coastal getaway

The Viewpoint offers singular views of the Nubble Lighthouse and an onsite Spa + Nordic Sauna. **The Nevada Hotel** is a beautifully restored beachfront art hotel modeled after the U.S.S. Nevada that fought in WWII at Pearl Harbor. The onsite dining and beach view bar attracts local foodies.

The Anchorage Inn on York Beach and **The Meadowmere** are perfect for families, both with heated indoor pools and spas and stay packages for all budget levels. **The York Harbor Inn** is an elegant mainstay with exceptional dining and elegant, comfortable rooms. **The Cliff House** is a luxury getaway all on its own with a spa, art classes, fine dining, and extensive coastal grounds.



York & Kittery



The Nevada Hotel is an architectural wonder. Newly restored and full of history, its team is happy to share its stories with guests. Make sure to take in all of the custom art and vintage decor.

the nubble light house

The need for a guiding light on the treacherous waters off York, Maine, had been recognized for decades, as far back as 1807. The rocky ledges and unpredictable currents made the area a mariner's nightmare. Finally, in 1879, construction began on a beacon of hope – the Nubble Lighthouse. Built from sturdy cast iron and lined with brick, the 41-foot tower, perched high on the rocky "Nubble" island, first shone its light on July 1st of that year, 88 feet above the sea. For over a century, dedicated keepers lived on the island, faithfully tending to the light that guided ships safely past the perilous coastline.



Their watch ended in 1987 when the light was automated, but Nubble Light's service continued. Today, it is an active navigational aid maintained by the U.S. Coast Guard and one of the most beloved and photographed lighthouses in America.

Its classic New England charm and picturesque setting have made it an iconic landmark, even earning a place on the Voyager Golden Record, a message to the cosmos representing humanity. The name "Nubble" speaks to the unique, rocky formation of the island it calls home, a testament to the enduring power of nature and the ingenuity of those who built the light to tame it.

Learn more at the [Maine Lighthouse Museum website](#).

"Maine is a joy in the summer. But the soul of Maine is more apparent in the winter." - Paul Theroux



Winter is unique in Maine, as you can take your time and savor the season - differently than in the busy summer.

Meet with locals, browse the open shops and art galleries, bring your books, journals, and art supplies, and make time to write, paint, and enjoy the views.

It's easier to get into restaurants and make on-the-spot decisions on where to dine. Take an invigorating snowshoe at a local land trust. Enjoy a walk on the beach with your dog, and nap with the sound of the waves on the shore.

Shop Locally

York and Kittery are a shopping paradise. One of its most famous landmarks is **The Kittery Trading Post** - a large outdoor retail store known for its extensive selection of brand-name clothing and sporting goods. Their calendar of events showcases sales, product demos, and activities. The Kittery area also boasts several outlet malls, offering a large variety of shops with discounted prices.

Kit Supply + Co. offers thoughtful toys and supplies for kids who love the outdoors. Check out their family music events. **BUOY Gallery** showcases bold, interactive local art. **Tayla Mac Boutique** features Maine-made prints, fabrics, and home goods, and art. The extensive collection of letterpress cards and handmade jewelry will inspire. **FOLK** is a boutique apothecary, wine, and kitchen goods store. The peaceful setting invites you to linger as you browse hand salves, kitchen utensils, and books on natural wine.



Winter is the perfect time to browse and take your time, enjoying the best products from Maine Makers





Celebrate the season

Book tickets to a Cliff House Ice bar. Taste Maine oysters, drink local brews, and dance the night away.



Perched on the dramatic cliffs of southern Maine, the Cliff House Ice Bar is more than just a seasonal attraction—it's a one-of-a-kind experience crafted entirely from ice. Every element is intricately carved - from the bar to the seating and even the glassware, creating a stunning frozen masterpiece. The atmosphere is magical, with twinkling lights, festive décor, and the crisp ocean air enhances the winter wonderland feel.

Guests can enjoy specialty cocktails made with local ingredients, served in ice-carved glasses. If you are toasting a special occasion or embracing winter's beauty, the Ice Bar at Cliff House offers an unforgettable night out. Bundle up and experience the magic of a Maine winter in a setting unlike any other.

York & Kittery



From classic New England seafood to innovative farm-to-table cuisine, York and Kittery offer diverse dining experiences to satisfy every palate. **Anju Noodle Bar** makes the region's best noodle bowls, bao, and roasted whole cauliflower.

Lil's Cafe is famous for its light and airy crullers. Homemade breads and sandwiches have a cult following. **The Black Birch** is an award-winning neighborhood bistro. Try the poutine with duck confit or pappardelle with boar ragu.

Lovebirds Donuts make gorgeous GF donuts. Hit up **Beach Pea Baking Co.** for artisan bread and pastry. **Stone's Throw** is perfect for a beachside lunch. Head to **Board** for charcuterie and a wine tasting

Latenight at Lulu's

This bright cocktail is the most popular drink at this beachside bar.

A twist on a classic margarita, this version will have you celebrating a vacation on the coast, even in the depths of winter.

In a shaker mix:

2 oz. Butterfly Pea infused tequila (Make your own by soaking butterfly pea flowers in Blanco Tequila for 24 hours)

1 oz. lychee syrup

2 oz. sour mix

Shake and pour into a rocks glass rimmed with black salt and chile flakes and filled with ice.

Easy to batch and make ahead.



York & Kittery

Nestled in York, Maine, the Wiggly Bridge Distillery offers a variety of ways to experience their craft.

Beyond simply tasting their spirits, visitors can delve into the distilling process with a tour or even go behind the scenes with the "Distiller for a Day" experience. For a deeper dive, the Founder's Tour provides insights into the distillery's history and philosophy.

Those looking for a more hands-on approach can participate in cocktail classes, learn the art of blending in a batch blending experience, or enjoy one of the many events they host.

wigglybridgedistillery.com



York & Kittery



Daytrip suggestions from a local



SHARE YOUR IDEAS
WITH #VISITMAINE
#MAINETHING

DAY ONE

- Morning: Breakfast at Lil's Café
- Walk on Long Sands Beach
- Lunch: Anthony's Food Shop
- Afternoon: Watercolor Workshop at the Museums at Old York
- Evening: Dinner at Black Birch

DAY TWO

- Morning: Breakfast at Hotel
- Hike Mount Agamenticus and take photos
- Lunch at Anju Noodle Bar
- Kittery Outlet Shopping
- Dinner and drinks Lulu's

Discover the gateway to Maine in York and Kittery

FIND OUT MORE

Learn about York & Kittery businesses at the [York Region Chamber of Commerce](#)



WINTER ADVENTURE

YORK KITTERY

checklist

- Head to **Wiggly Bridge Distilling** for a Distillery or Founder's Tour. You can even become a "Distiller for Day" and learn the process of making bourbon from grain to glass.
- **Make a custom jar of Sea Salt** with spices and dried florals with **Foxglove Farm House** and **Slack Tide Sea Salt** in their slat sheds. Slack Tide's salt has a distinct crunch, flake, and light brine that makes it perfect for finishing sweet and savory dishes.
- Eat lunch and shop at **Stonewall Kitchen's** beloved Flagship Store. Dine in the Café and grab some Raspberry Peach Champagne Jam and Maple Chipotle Grille sauce - local favorites!
- Head to Kittery Foreside and eat lunch or Dinner at **Anju Noodle Bar**. This local hot spot spins great tunes and makes some of the region's best ramen bowls and gochujang wings. Try the spicy khao poon with coconut broth and chicken or the shoyu ramen with bone broth and pork shoulder. GF and V options are also available.
- See the evening **Winter Wonders Light Show** at Sandy Hill in Eliot. Book tickets in advance to get the best time slots. Family and photo-friendly!
- Hike **Mount Agamenticus** (Known as Mount "A" to the locals) to get sweeping snowy views of the entire seacoast.
- Indulge your artistic passions at **Sanctuary Arts** in Eliot. Home to classes in drawing, painting, and three-dimensional arts featuring some of Maine's premier instructors.
- **The Museums at Old York** are open for a host of classes in the winter season. Book a **"Winter Trees"** watercolor class or a hands-on Paper Flower Workshop - both are beginner-friendly. Join the team online through the season for educational webinars on Abolition, Women in History, and the History of Pharmacy.
- **Bonfire Events at the Field at Bell Farm** in York offers the full Nordic Spa experience including firepits, sauna, and and cold plunge.
- Ski at **Powderhouse Hill** for \$5. This traditional Maine Ski Hill has three runs and is perfect for beginners and families.

WINTER ADVENTURE

YORK KITTERY

checklist

- Ready to tackle your dream of building your own surfboard? **Grain Surfboards** in York will help you bring your dream to life. Select a 3 or 5 day workshop, or take a deeper dive with a private session. All experience levels are welcome, and the focus is on craftsmanship, sustainability, and connection. Sign up for their email list to get news about their **Surf Re-Evolution event**.
- Deep relaxation awaits at the **Viewpoint Hotel and Spa**. Book one of the stunning lighthouse view rooms at a **winter discount**, and enjoy The Baths including a sauna, cold plunge, and hot tub. Guests and local visitors can also register for services at the newly refreshed Viewpoint Spa, including Acadian Swedish massages, Deep Ocean Tissue Massage, facials, and foot scrubs. **All are welcome**.
- Grab a drink like the **"Late Night at Lulu's"** at the Bar at **The Nevada**. The menu is vegan-friendly and features a host of tacos and fried rice combos. Stay overnight at this newly renovated beauty of a hotel where Bette Davis once worked as a lifeguard. The local art and decor make this an extremely special, unique-to-Maine destination.
- **Chase's Garage** offers art classes, including Cyanotype Print Making and Pottery - right across from the beach.
- Run, don't walk, to **Lil's Café** for one of their famous crullers. These are light as air and sell out quickly. You will be transformed. Try the maple or classic glazed.
- Stay at the **Anchorage on York Beach**. With two indoor pools, it's the perfect winter family getaway.
- Take one of the donation-based eco-tours or classes at **Surf Point** - York Maine's Artist's residency that supports visual artists from around the globe, giving them space and time to create.
- Ogunquit's **Cliff House** hosts a spectacular Ice Bar. Join Brewers and Oyster Farmers as you dance the evening away. Stay on at the hotel for a **Coastal Renewal Retreat** at their Spa. The hotel is home to a Maker's Market, featuring top artists and crafters.

NEIGHBORING TOWNS TO EXPLORE

OGUNQUIT

- THE FRONT PORCH
- CORNERSTONE PIZZA
- GOOD VIBES YOGA COLLECTIVE

ELIOT

- SANCTUARY ARTS
- SANDY HILL WINTER LIGHTS

WELLS

- BITTER END
- RACHEL CARSON NATIONAL WILDLIFE REFUGE

THE BERWICKS

- WINTER FARMER'S MARKET
- LEE FRANK'S
- POWDERHOUSE HILL SKIING

DAYTON

- HARRIS FARM FOR XC SKIING & MAINE MAPLE SUNDAY

ARUNDEL

- BANDALOOOP



LIGHTHOUSES IN THE REGION

- NUBBLE
- GOAT ISLAND
- WHALEBACK
- BOON
- WOOD ISLAND



MAINE.

VISITMAINE.COM



This guide features inspiring ideas to help you plan a winter visit to Southern Maine. It showcases highlights of the region and is by no means exhaustive, nor meant to be exclusive. We welcome your ideas, hidden gems, and tips for the perfect Maine vacation.

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digital media



This guide was researched and produced on the unceded ancestral lands and waters of the Wabanaki Nation.

We are grateful for their historic stewardship of these lands and waters.